

# Twin Centre First **ST★RS** Program

The ***Twin Centre First Stars Program*** is an exciting program offered by the association that is designed to provide a safe and exciting introduction to the great game of hockey through weekly fun and interactive skill-based sessions on the ice. This unique program will also give families access to ***free hockey equipment*** for their use during the program.

## **Program Information**

**Age Groups:** U9 and below (born 2015 -2019) who are new to hockey.

**Scheduling:** 20 weeks, 1 session/week, 50 minutes on a consistent day and time.

**Equipment:** Free access to brand new hockey equipment including skates, shin pads, pants, shoulder pads, elbow pads, neck guard and helmet, courtesy of the Player Assist Program presented by the Egg Farmers of Ontario. ***The equipment is to be returned at the end of the season and is dependent on availability and size.***

**Skills:** A focus on skating and teaching of introductory hockey skills through fun and interactive activities, such as skills stations and small area games.

**Instructors:** Volunteer coaches and parents

**Cost:** \$275 (deposit of \$75 if you require a set of equipment, refundable at season's end)

## **FAQ**

**1. Can I wear my own equipment?**

Yes, participants are free to wear their own equipment.

**2. Can my child participate in the program if they have played hockey before?**

Yes the program is available to any children born from 2015 to 2019 but on the ice activities will be geared towards players who are new to the game. If your child has a developed skating stride the regular TCMHA program may be a better fit.

**3. My child has never skated before. Can they still participate?**

Yes, the ***Twin Centre First Stars Program*** is a great opportunity for your child to learn skating fundamentals. If your child is not able to stand up independently on the ice, depending on available volunteers, we may need parents to assist on the ice for a few weeks to support their child.